



Start with a patterned back that is 3" larger than the desired finished size, and a piece of batting that is 2" larger than the desired finished size

Center a rectangle in the middle of your batting/backing; my rectangles are 2.5" wide by 2" high.

Add strips of fabric in the order shown, I used 1.5" wide to finish 1". The last two rows may be different widths to achieve the size you want. Finger press or lightly press only when adding strips, making sure you don't iron the batting as it will compress.

When you are at the desired size, trim any excess batting even with the last fabric strip.

Trim backing to 1" beyond your placemat on all sides, press in half and fold over to form the binding. Top stitch in place